

DECEMBER CALENDAR

WEEK 1

FRI 12/1 Vet2Vet Gathering ^ 6 PM via Zoom

WEEK 2

SUN 12/3 Battery Park City River Walk ^ 11:30 AM in New York City

MON 12/4 Jam Session ^

6 PM in Mahopac

MON 12/4 First Line In-Person Gathering ^

7 PM in Carmel

MON 12/4 Mobility Level 1 ^ 7:30 PM via Zoom

TUE 12/5 Writers Workshop ^ 6:15 PM via Zoom & in Mahopac

TUES 12/5 Jam Session ^ 6 PM in Beacon

WED 12/6 Wellness Gathering ^ 5 PM via Zoom

FRI 12/8 Vet2Vet Gathering ^ 6 PM via Zoom

SAT 12/9 Cornish Estate Nature Walk ^ 10 AM in Cold Spring

WEEK 3

SUN 12/10 Cats Rock Day Hike ^ 9 AM in Pawling

MON 12/11 First Line Gathering ^ 7 PM via Zoom

MON 12/11 iRest Meditation ^ 7:30 PM via Zoom

TUES 12/12 Jam Session ^ 6 PM in Beacon

WED 12/13 Wellness Gathering ^ 5 PM via Zoom

FRI 12/15 Vet2Vet Gathering ^ 6 PM via Zoom

WFFK 4

MON 12/18 Jam Session 6 PM in Mahopac

MON 12/18 First Line In-Person Gathering ^

7 PM in Carmel

MON 12/18 Mobility Level 2 ^ 7:30 PM via Zoom

TUE 12/19 Writers Workshop ^ 6:15 PM via Zoom & in Mahopac

TUES 12/19 Jam Session ^ 6 PM in Beacon

WED 12/20 Wellness Gathering ^ 5 PM via Zoom

THURS 12/21 American Military History Series ^-7 PM in Beacon

WEEK 5

NO EVENTS Week of Christmas

SUN 12/31 New Year's Eve Sunset Hike ^ 3 PM in Beacon

LEGEND:

- ^ Guardians Only (Veterans & First Responders)
 Bring a Buddy (Adults)
 * Family Friendly (Kids welcome)
 + Open to the Public



Our Guardian Revival Talk Line is operational 24/7, including on weekends & holidays.

This phone line provides peer support & mental health resources, operated by quardians, for quardians. This is not a crisis line – just a confidential, open opportunity to reach out for connection & support, anytime.

We are always ready to take your call: 845.745.0088

