

JANUARY CALENDAR

WEEK 1

MON 1/1 New Year's Day
Walk & Hike ^
10 AM in Cold Spring
TUES 1/2 Writers Workshop ^
6:15 PM via Zoom & in Mahopac

TUES 1/2 Jam Session ^ 6 PM in Beacon

WED 1/3 Wellness Gathering ^ 5 PM via Zoom

FRI 1/5 Vet2Vet Gathering ^ 6 PM via Zoom

WEEK 2

SUN 1/7 Canopus Lake Hike ^ 9 AM in Hopewell Junction

MON 1/8 Jam Session ^
6 PM in Mahopac

MON 1/8 First Line Gathering ^ 7 PM via Zoom

MON 1/8 iRest Meditation ^ 7:30 PM via Zoom

TUES 1/9 Jam Session ^
6 PM in Beacon

TUES 1/9 Mobility Level 1 ^ 7 PM via Zoom

WED 1/10 Wellness Gathering ^ 5 PM via Zoom

FRI 1/12 Vet2Vet Gathering ^ 6 PM via Zoom

SAT 1/13 Beacon River Walk ^ 10:45 AM in Beacon

WEEK 3

MON 1/14 Dog Awarding + 2 PM in Beacon

MON 1/15 First Line In-Person
Gathering ^
7 PM in Carmel

TUES 1/16 Jam Session ^
6 PM in Beacon

TUES 1/16 Writers Workshop ^ 6:15 PM via Zoom & in Mahopac

WED 1/17 Wellness Gathering ^ 5 PM via Zoom

THURS 1/18 Yoga with Janel ^ 7 PM via Zoom

THURS 1/18 The DNA of a Song ^ 7 PM via Zoom

FRI 1/19 Vet2Vet Gathering ^ 6 PM via Zoom

WEEK 4

SUN 1/21 Cornish Estate Walk ^ 10:30 AM in Philipstown

MON 1/22 Jam Session ^ 6 PM in Mahopac

TUES 1/23 Jam Session ^ 6 PM in Beacon

TUES 1/23 Mobility Level 2 ^ 7 PM via Zoom

TUES 1/23 Woman Guardian
Gathering ^
8 PM via Zoom

WED 1/24 Wellness Gathering ^ 5 PM via Zoom

WED 1/24 Guardians of the Silver Screen ^
7 PM via Zoom

FRI 1/26 Vet2Vet Gathering ^ 6 PM via Zoom

WEEK 5

MON 1/29 iRest Meditation ^ 7:30 PM via Zoom

TUES 1/30 Jam Session ^ 6 PM in Beacon

WED 1/31 Wellness Gathering ^ 5 PM via Zoom

LEGEND:

- ^ Guardians Only (Veterans & First Responders)
- Bring a Buddy (Adults)
- * Family Friendly (Kids welcome)
- + Open to the Public



Our Guardian Revival Talk Line is operational 24/7, including on weekends & holidays.

We are always ready to take your call: 845.745.0088

